



TRADITIONAL
AIKIDO EUROPE



Lars Landberg 2020 UK Seminar

Lars has trained Iwama style aikido for 40 years and holds a 6th Dan Aikikai. He has trained directly under Saito Sensei, and has been an uchi deshi with Sensei in Iwama many times. Lars is the co-dojo cho of the Copenhagen Aikido Dojo, Denmark.

Sat 1st Feb, 2020

Registration	12:00
Buki waza	12:30 – 14:30
Tai Jutsu	15:00 – 17:00

Sun 2nd Feb, 2020

09:30
10:00 – 12:00
13:00 – 15:00

Costs £40/day or £70 for the weekend.

Bristol South Aikido Club, Fortfield Road BRISTOL BS14 9NX.

Contact Adrian Punt (adrian@radecol.co.uk) for details. Please bring weapons and proof of insurance.