

WELLSPRINGS AIKIDO 10TH ANNIVERSARY SEMINAR



Michael Ormerod (3rd Dan Aikikai) began his training in Aikido at the age of 15 in the UK. He has trained extensively throughout Europe and under taken an intensive training period in Japan under the guidance of Hiroki Nemoto Sensei (7th Dan Aikikai) and training in the Founder's Dojo and Hombu Dojo. In 2016 he began a full time apprenticeship under his teacher Lewis Bernaldo de Quiros (6th Dan Aikikai), training in the Takemusu Aikido Motril Dojo and attending seminars as assistant. In 2018 Michael established the Takemusu Aikido Orgiva dojo, and is the current Dojo-Cho of Takemusu Aikido Motril.

Michael Ormerod, 3rd dan Aikikai

Friday eve May 8th 2020 8.15pm – 10.00pm

(registration from 8.00pm) Cost £10

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Saturday May 9th 2020 12am – 4.45pm

(registration from 11.45) Cost £25

At

Poole Martial Arts and Fitness

156 Stanley Green Rd, Poole. Dorset BH15 3AH .

More information and booking form available from

www.wellspringsoftheeast.co.uk

Please bring bokken, jo and proof of insurance.