

TAKE MUSU**AIKI** DOJO MODENA



ORGANIZES A SEMINAR OF TRADIZIONAL AIKIDO
ACCORDING TO THE TEACHINGS OF SAITO MORIHIRO SENSEI

Date: 7 – 8 December 2019 at the Academy Modena Judo Via Argentina, 82 – 41122 Modena

The seminar, which will include both Bukiwaza and Taijutsu sessions, will be directed by

M° LEWIS BERNALDO DE QUIROS 6° DAN AIKIKAI



Lewis Bernaldo de Quirós trained full time under the late Morihiro Saito Sensei (9th Dan) from 1986 until 1993 in the Iwama Dojo in Japan. Prior to beginning his training in Aikido he trained for 10 years in both Judo and Karate (Shotokan Karate under the late Keinosuke Enoeda Sensei 9th Dan in London). Since coming back from Japan he has taught Aikido on a full time basis and to date has conducted well over 300 international seminars. After returning from Japan he maintained regular contact with his teacher through seminars both as a participant as well as assistant and translator until his passing away in 2002. Lewis received the rank of 5th Dan Aikikai from Morihiro Saito Sensei in 1999 and 6th Dan Aikikai from Doshu Moriteru Ueshiba (Hombu Dojo Tokyo) in 2009. He is the senior instructor and examiner on behalf of Hombu Dojo of a European network of Dojos (Traditional Aikido Europe) committed to developing, researching and transmitting the style of Aikido known as Takemusu Aikido (Iwama Aikido) which was transmitted directly to Morihiro Saito Sensei from the Founder of Aikido Morihei Ueshiba during his more than 23 years as a direct student at the Founder's Dojo in Iwama Japan. Lewis is the Dojo Cho of Takemusu Aikido Motril (Granada – Spain) and Technical Director of Traditional Aikido Europe (TAE).

Class schedule

Saturday 7 December

9:30 Registration

10:00 – 12:30; 15:00 – 17:30

Sunday 8 December

9:00 – 12:00

Participation fee: 50 €.

Registration procedure:

Bank Account: Casolari Vera

IBAN: IT75P0538712902000003124926

BIC (Codice swift): BPMOIT22XXX

or paid upon registration.

Info : Vera Casolari +39 3394360611

Andrea Gianolio +39 3475305521



Participation at the seminar is part of educational and training activities of the sports promotion organization ASI, recognized by CONI.

Athletes of any sporting organization can participate in the event as long as they are regulary ensured.

Meals: convivial dinner on Saturday night at the restaurant

Green Village Via Maestra di Bagazzano, 5, 41015 Nonantola MO

Advance booking is essential. Contact Vera Casolari.

B&B GYM AREA

Country Rooms Str. Fossa Monda Nord, 163, 41122 Modena.

Cell. +39 3343189130. Capacity around 16 -17 people
Single room 45€, double 85€, triple 110€, quadruple 140€ .

Restaurant on reservation.

B&B La Casa Lunga Str. Fossa Monda Nord, 233,
41122 Modena. Cell. +39 3398267647

3 double rooms 50€, with the possibility of adding a bed.
Kitchen use.

La volpe rossa Via Nonantolana, 1157/4, 41122 Modena.

Tel. +39 059 254456. Capacity: over 20 people.
Single room 25€, double 50€, triple 75€, quadruple 100€.

B&B Acetaia Il Mulino di Navicello Via Nonantolana, 1335,
41122 Modena.

Tel. +39 059250207 Capacity: 11-14 people
1 Apartment with 1 triple room, 1 double and 1 bathroom.
2 Double rooms with bathroom 60€.
1 Double room with bathroom outside room reserved
Additional bed 60€.

Additional bed 20€. No breakfast, Kitchen use.

B&B Le Noci di Feo Strada Albareto, 422, 41122 Modena.

Cell. +39 3492100540
3 Double rooms 85€, 2 triple 120€.

B&B INSIDE THE TANGENTIAL RING

B&B Pisacane61 Via Carlo Pisacane, 61, 41122 Modena.

Cell. +39 324 742 3157
1 Double room with bathroom 75€,
2 Double rooms with shared bathroom 100€.

Appartamento Toniolo Via Giuseppe Toniolo, 110,
41122 Modena. Cell. +39 335 8126299

1 Double room 60€. No breakfast.

B&B CITY CENTER (free parking pass)

Ostello San Filippo Neri Via Sant'Orsola, 52, 41121 Modena.

Tel. +39 059 234598
Single room 59€, double 64€, triple 74€, quadruple 84€.
Shared rooms bed 22-24€.
External bathrooms reserved for the rooms.
No breakfast, internal BAR, Kitchen use.

B&B Caramelle Via Luigi Poletti, 76, 41121 Modena.

Cell. +39 333 127 6535
1 Double room with bathroom 60€,
1 Double room with bathroom 50€.
Additional bed 18€.

B&B La Pomposa Via Piave, 68, 41121 Modena.

Cell. +39 347 052 9880
3 Double rooms with bathroom 65€.
+ 2 Apartment with Kitchen (3/4 people) 85€ - City center.
+ 2 Apartment with Kitchen (2 people) 75€ - City center.
+ 3 Apartment without Kitchen (2 people) - City center.

HOTEL CITY CENTER (free parking pass)

Hotel La Pace Via Paolo Ferrari, 74, 41121 Modena.

Tel. +39 059 244304
Single room 50€, double 70€, triple 90€, quadruple 110€.
Reserved parking .

Hotel Europa Corso Vittorio Emanuele, 52, 41121 Modena.

Tel. +39 059 217721
Cost: price range not higher than 95€.
Garage 20€ per night;

HOTEL EASY TO TANGENTIAL RING

Hotel Donatello Via Pietro Giardini, 402, 41124 Modena.

Tel. +39 059 344550
Economy single room 60€, double 70€, triple 90€.
Standard single room 65€, double 85€, triple 105€.
Free parking.

Hotel Lux Via Galileo Galilei, 218/a, 41100 Modena.

Tel. +39 059 353308
Double room 70€, triple 85€, quadruple 100€.
Free parking.

Hotel Daunia Via del Pozzo, 158, 41124 Modena.

Tel. +39 059 371182
Single room 50€, double 80€.
Free parking.

Hotel Castello Via Armando Pica, 321, 41126 Modena.

Tel. +39 059 361033
Single room 64€, double 94€, triple 111€.
Free parking.