

THE SPIRIT OF THE SWORD

TAKEMUSU AIKIDO SEMINAR NORFOLK UK

EXPLORING THE FUNDAMENTAL RELATIONSHIP BETWEEN THE SWORD
AND EMPTY-HAND PRACTICE IN THE TAKEMUSU AIKIDO SYSTEM



MICHAEL ORMEROD

3 DAN AIKIKAI

DIRECT STUDENT OF
LEWIS BERNALDO DE QUIROS

27-29 OCTOBER 2023

SCHEDULE

Friday 7pm - 9pm
Saturday 10pm - 5pm
Sunday 9am - 3pm
(With short breaks and lunch break
Saturday and Sunday)

LOCATION

Jubilee Hall, Loddon
Norwich NR14 6NB

FEES

Friday evening only £10
Saturday or Sunday only £20
Saturday and Sunday £35
Full weekend £40

REGISTER

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CONTACT + INFO

Sarina at:
chetvalleyaikido@gmail.com