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TRADITIONAL
AIKIDO EUROPE
PRESENTS:

AROUND

..... THE

WORLD

..... IN

24 HOURS

**AIKIDO
CHALLENGE**

JUNE 27/28 2020

WWW.TRADITIONALAIKIDO.EU

TRADITIONAL AIKIDO EUROPE PRESENTS:

'Around the World in 24 Hours'

AIKIDO CHALLENGE

JUNE 27/28 2020

This is a call-out to the worldwide Aikido Community to join this exciting one of a kind opportunity of intensive Aikido training...

In the midst of every crisis lies a great opportunity. The current crisis has seen all of our dojos temporarily close their doors, but at the same time has seen the flourishing of new online communities. The great gift of the internet and social media is allowing us to connect in ways that would have been unimaginable even a decade ago. The Traditional Aikido Europe Online Dojo began in early April and has seen people from far and wide, of all levels, sharing their passion and enthusiasm for the art of aikido. These are dojos without borders; giving anyone with internet connection the ability to train regularly with teachers never previously possible due to time, money or location. Many of the students are reporting that they are training now more than ever, and enjoying the increase in energy that comes with it. The crisis has sparked the creativity of our communities and has planted in us a simple idea: a 24 hour seminar spanning the globe. The opportunity to practise aikido for a whole day, travel all around the world, train with various teachers, explore different styles, create new connections, and test the very limits of our minds and bodies; all from the comfort of our own living rooms! This is the opportunity of the TAE 'Around the World in 24 Hours' AIKIDO CHALLENGE.

"I wish to build a bridge to bring the different countries of the world together through the harmony and love contained in aikido. I think that aiki, offspring of the martial arts, can unite the people of the world in harmony, in the true spirit of budo." - Morihei Ueshiba

The words of our founder have never been more relevant, and the practice we have received from our masters never of more value to the world. This is an invitation to teachers and leaders in the aikido community to share their practice, to explore the relevance of our art in this challenging time, to reach out to new communities, and to build new bridges during this crisis and beyond, into the future world we wish to live in. Due to the nature of our current situation and in order to allow as many people as possible to join; the seminar will be on voluntary donation. All money raised from the seminar will go to the 'Right to Play' Charity that works to protect, educate and empower children using the power of play.

We hope you will contribute to our challenge. We ask that you confirm your interest in participating by June 8th, to the following email: 24hoursteachers@traditionalaikido.eu



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Proposed Schedule (Central European Standard Time)	
10.00-10.30	Meditation & Welcome
10.30-11.15	<i>Sensei 1</i>
11.30-12.15	<i>Sensei 2</i>
12.30-13.00	Lunch break with possibility to stay tuned & chat
13.00-14.00	<i>Sensei 3</i>
14.00-15.00	<i>Sensei 4</i>
15.00-15.15	Tea break with possibility to stay tuned & chat
15.15-16.00	Stretching Class
16.00-17.00	<i>Sensei 5</i>
17.00-18.00	<i>Sensei 6</i>
18.00-18.30	Meditation
18.30-19.30	Dinner break.
19.30-21.00	<i>Sensei 7</i>
21.00-22.00	Q&A
22.00-22.30	Meditation
22.30-24.00	<i>Sensei 8</i>
00.00-01.00	<i>Sensei 9</i>
01.00-01.30	Coffee, chai, redbull break!
01.30-02.30	<i>Sensei 10</i>
02.30-03.00	Meditation
03.00-04.00	<i>Sensei 11</i>
04.00-05.00	<i>Sensei 12</i>
05.00-05.30	Meditation
05.30-06.00	<i>Sensei 13</i>
06.00-07.00	Breakfast with possibility to stay tuned & chat
07.00-08.00	<i>Sensei 14</i>
08.00-09.30	<i>Sensei 15</i>
09.30-10.00	Q&A & Farewell