

# **Takemusu Aikido** Yudansha seminar



Lewis
Bernaldo
de Quiros

7th dan Aikikai

March 8 & 9 2025
Takemusu Aikido Weesp



# Location Papelaan 99 Weesp

## Schedule

Saturday:` 10:30 Dojo open

11:00 - 13:00 Keiko 13:00 - 14:00 Lunch 14:00 - 17:00 Keiko

17:30 Examinations (if applicable)

19:00 Dinner at the dojo

Sunday: 09:00 Dojo open

10:00 - 13:00 Keiko

Fee Saturday €70.-

Sunday €40,-

Whole seminar €100,-

**Lunch** Will be provided on both days

**Dinner party** There will be a dinner party on saturday evening

Do not forget to bring your bokken and jo!

**Registration** tinyurl.com/yudansha2025

Looking forward to seeing you on the mat!

Info paul.keessen@gmail.com

## Yudansha Seminar 2025

The theme for this annual TAE yudansha seminar will be the 5 kumitachi in Bukiwaza and Ushiro Waza in Taijutsu.

The Kumitachi will be explored in depth from basic to flowing to variations with careful attention to the technical changes in the transitions from basic to flowing forms. These five weapon forms were transmitted to Saito Morihiro Sensei from the founder Morihei Ueshiba directly and all the subsequent Ken exercises at the suburi and awase level are derived from these five kata which themselves originated in the Kashima sword school. Hence in depth knowledge of these forms in terms of technique and understanding is indispensable for practitioners of this line of Aikido.

The Ushiro waza section is the most complex part of the Talkemusu Aikido curriculum. Saito Morihiro Sensei had a very systematic way of teaching this and in this seminar we will cover the basics in the order he would teach them plus intermediate and advanced forms which often do not get enough attention.. In these forms there is a big jump between the basic and the flowing forms of the techniques. We will look at the changes in threse transitions in detail.

#### Ushiro Waza

https://www.youtube.com/watch?v=jhp5t9SXwMs

#### Kumitachi

https://www.youtube.com/watch?v=9Ysa97c4o54&t=294s

https://www.youtube.com/watch?v=rLUyFlyzvjc

https://www.youtube.com/watch?v=E2KbDrP0PfQ

https://www.youtube.com/watch?v=iVHsFpG3Pac&t=627s

https://www.youtube.com/watch?v=5LboTh8Zx2A